

SELF-SUFFICIENCY MATRIX (Complete only those that apply)

Client Name: _____;

Date: _____

Client #: _____

DOMAIN	1 – In Crisis	2 - Vulnerable	3 - Safe	4 – Building Capacity	5 - Empowered
Income - parenthesis comment for income support	No income.	Inadequate income and/or spontaneous or inappropriate spending (difficulty with managing a budget).	Can meet basic needs with subsidy; appropriate spending. (Income supports w additional income needs)	Can meet basic needs and manage debt without assistance. (has balanced budget & expenses)	Income is sufficient, well managed; has discretionary income and is able to save.
Employment (Skip: if not seeking work at the time assessment)	No job.	Temporary, part-time or seasonal; inadequate pay, no benefits.	Employed full time; inadequate pay; few or no benefits.	Employed full time with adequate pay and benefits.	Maintains permanent employment with adequate income and benefits. (1 yr or more ongoing)
Housing	Homeless or threatened with eviction.	In transitional, temporary or substandard housing; and/or current unsubsidized rent/mortgage payment is unaffordable > 30% of income.	In stable housing that is safe but only marginally adequate.	Household is in safe, adequate subsidized housing.	Household is safe, adequate, unsubsidized housing.
Food	No food or means to prepare it. May be skipping meals and/or suffering significant nutritional deficits.	Food and cooking facilities are available but inadequate to meet all nutritional needs or may be temporary (e.g. in shelter).	Can meet basic food needs, but requires assistance. Household may be on food stamps or visit pantries.	Can meet basic food needs without assistance.	Can choose to purchase any food household desires.
Childcare Skip if no age appropriate children	Needs childcare, but none is available/accessible and/or child is not eligible.	Childcare is unreliable or unaffordable, inadequate supervision is a problem for childcare that is available.	Affordable subsidized childcare is available, but limited.	Reliable, affordable childcare is available, no need for subsidies.	Able to select quality childcare of choice.
Children’s Education Skip if no school age children	One or more eligible children is not enrolled in school.	One or more eligible children enrolled in school, but not attending classes.	Enrolled in school, but one or more children only occasionally attending classes.	Enrolled in school and attending classes most of the time.	All eligible children enrolled and attending on a regular basis.
Adult Education / Literacy	Literacy problems and/or no high school diploma/GED are serious barriers to employment.	Enrolled in literacy and/or GED program and/or has sufficient command of English to where language is not a barrier to employment.	Has high school diploma/GED/ literacy baseline.	Working on additional higher education or training to improve employment situation and/or to further improve literacy problems to achieved desired employment.	Has completed education/training needed to become employable. No literacy problems.
Legal	Current outstanding tickets or warrants of other unresolved legal issues.	Current charges/trial pending, noncompliance with probation/parole/ legal issues impacting housing.	Fully compliant with probation/parole terms or working on other plan to resolve other legal issues.	Has successfully completed probation/parole within past 12 months, no new charges or recently resolved legal issues.	No active legal issues in more that 12 months and/or no felony criminal history.
Circle legal issues impacting housing: Sex Offender, Drug Charges, Violent Crimes, Civil Judgments, Custody, Family Law, Credit Issues/Judgments, Bankruptcy					
Health Care	No medical coverage with immediate need.	No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health.	Some members (e.g. Children) on ABW or MiChild.	All members can get medical care when needed, but may strain budget.	All members are covered by affordable, adequate health insurance.
Life Skills Guidance For Rating Below	To determine Life Skills Rating (Page2 - BELOW), Provide overall rating on Page 2: hygiene____, food preparation____, time management____, high risk behaviors____, money management____, basic communication including response to authority____, and anger management____. (RATING SCALE: 1- In Crisis, 2- Vulnerable, 3 – Safe, 4 – Building Capacity, 5 – Empowered) This refers to skills rather than access. The Case Manager should use their judgment as to the overall impact of any particular low rating. See Training.				

DOMAIN	1 – In Crisis	2 - Vulnerable	3 - Safe	4 – Building Capacity	5 - Empowered
Life Skills (Use Guidance Above)	Unable to meet basic needs such as hygiene, food, and activities of daily living.	Can meet a few but not all needs of daily living without assistance.	Can meet most but not all daily living needs without assistance.	Able to meet all basic needs of daily living without assistance.	Able to provide beyond basic needs of daily living for self and family.
Mental Health	Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems.	Recurrent mental health symptoms that may affect behavior, but not a danger to self/others; persistent problems with functioning due to mental health symptoms.	Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health problems.	Minimal symptoms that are expectable responses to life stressors; only slight impairment in functioning.	Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than every day problems or concerns.
Substance Abuse	Meets criteria for severe abuse/dependence; resulting problems so severe that institutional living or hospitalization may be necessary.	Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities.	Use within last 6 months; evidence of persistent or recurrent social, work, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems have persisted for at least one month.	Client has history of substance abuse but evidences no drug use/alcohol for at least 6 months. OR Client uses with no obvious ill effects, but retains some risk factors (e.g. legal issues, age, family history).	No current or historical evidence of persistent or recurrent family, social, occupational, emotional, or physical problems related to use.
Family/Friends (Social) Relations	Lack of necessary support form family or friends; abuse (DV, child) is present or there is child neglect.	Family/friends may be supportive, but lack ability or resources to help; family members do not relate well with one another; potential for abuse or neglect.	Some support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support.	Strong support from family or friends. Household members support each other’s efforts.	Has health/expanding support network; communication is consistently open.
Mobility	No access to transportation, public or private; may have car that is inoperable.	Transportation is available, but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc.	Transportation is available and reliable, but limited and/or inconvenient; drivers are licensed and minimally insured.	Transportation is generally accessible to meet basic travel needs.	Transportation is readily available and affordable; car is adequately insured.
Community Involvement (Club, Church, Team, Support Group, etc),	Not applicable due to crisis situation; in “survival” mode.	Socially isolated and/or no social skills and/or lacks motivation to become involved.	Lacks knowledge of ways to become involved.	Some community involvement but has barriers such as transportation, childcare issues	Actively involved in community.
Safety	Home or residence is not safe; immediate level of lethality is extremely high; possible CPS involvement	Safety is threatened temporary protection is available; level of lethality is high	Current level of safety is minimally adequate; ongoing safety planning is essential	Environment is safe, however, future of such is uncertain; safety planning is important	Environment is apparently safe and stable
Credit (Opt)	Bankruptcies/Foreclosures/Evictions	Outstanding Judgments/Garnishments	Needs a Credit Repair Plan.	Moderate Budgeting Skills	Manageable Budget and Ability to Save.
Disabilities (Optional)	In crisis – acute or chronic symptoms affecting housing, employment, social interactions, etc always.	Vulnerable- sometimes has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Safe - rarely has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Building Capacity – asymptomatic - condition may be controlled by services and/or medication.	Thriving – No identified disability.